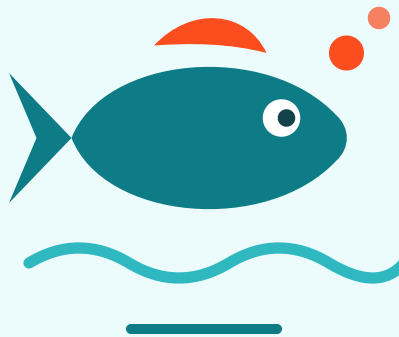


FISHTANKCALCULATOR.COM



Aquarium Setup & Maintenance Planner

9 printable worksheets to set up and run a thriving tank

Stocking planner

Water-test log

Cycling tracker

Maintenance schedule

+ 5 more

A one-time purchase. Print as many copies as you need.

Stocking Planner

Plan your fish list by adult size so you never overstock

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Notes

Compatibility concerns, plant or invert plans, target order of additions.

Stocking guidelines are starting points. Research temperament, water parameters, and adult size for every species, and use the calculators at [FishTankCalculator.com](https://www.fishtankcalculator.com) to sanity-check your bioload.

© FishTankCalculator.com. Helping you set up and run a healthy, thriving aquarium.

Water Test Log

Track ammonia, nitrite, nitrate, pH, GH and KH over time

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Notes

Dosing changes, new livestock, water-change response, anything unusual.

Liquid reagent kits are more reliable than test strips. If readings spike, do a water change and investigate before adding livestock. For ongoing trouble, ask a local fish store or aquatic vet.

Cycling Tracker

Run a fishless cycle and know exactly when your tank is ready

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Fishless Cycle Tracker

Dose ammonia, test daily, and watch the ammonia spike fall, then the nitrite spike fall. When both clear 0 in 24 hours, you are cycled.

How a fishless cycle works

- A fishless cycle grows beneficial bacteria before any fish go in. It usually takes 4-6 weeks.
- Add an ammonia source (pure ammonia or fish food) to about 2-4 ppm to feed the bacteria.
- Stage 1: ammonia converts to nitrite. Stage 2: nitrite converts to nitrate.
- You are cycled when both ammonia AND nitrite drop to 0 ppm within 24 hours of dosing, and nitrate is present.
- Do a large water change to lower nitrate, then add fish slowly. NEVER add fish to an uncycled tank.

Notes

Bacteria starter used, ammonia source and dose, temperature, the day each spike peaked and cleared.

Keep the tank warm (around 80°F) and the filter running throughout to speed the cycle. Do not add fish until ammonia and nitrite both read 0 ppm within 24 hours of dosing.

Maintenance Schedule

Daily, weekly, biweekly and monthly tank care checklist

Tank Name / Location:	Tank Size (gal):
Water Type (FW / SW / Brackish):	Date Started:
Filter / Turnover (gph):	Heater (watts):

Daily Tasks

A 2-minute routine that catches most problems early.

Done	Task	Notes / Date
<input type="checkbox"/>	Check fish are active, eating, and breathing normally
<input type="checkbox"/>	Confirm heater and filter are running; check temperature
<input type="checkbox"/>	Feed appropriate amount; remove uneaten food
<input type="checkbox"/>	Quick glance for illness, injury, or aggression
<input type="checkbox"/>	Top off evaporated water (with conditioned water)

Weekly Tasks

The core of a healthy tank: testing and water changes.

Done	Task	Notes / Date
<input type="checkbox"/>	Test water (ammonia, nitrite, nitrate, pH)
<input type="checkbox"/>	Water change (typically 10-25%)
<input type="checkbox"/>	Vacuum substrate / siphon debris
<input type="checkbox"/>	Wipe inside glass / clean algae
<input type="checkbox"/>	Check and trim live plants

Every 2 Weeks

Equipment and media care.

Done	Task	Notes / Date
<input type="checkbox"/>	Rinse or check filter media in old tank water (never tap)
<input type="checkbox"/>	Inspect equipment (heater, airline, lid, lights)
<input type="checkbox"/>	Clean glass lid / canopy and light fixture
<input type="checkbox"/>	Dose plant ferts or supplements as needed

Monthly Tasks

The bigger maintenance and restocking jobs.

Done	Task	Notes / Date
<input type="checkbox"/>	Deep clean filter; replace mechanical media if clogged
<input type="checkbox"/>	Restock conditioner, test kit reagents, salt, ferts
<input type="checkbox"/>	Check expiration dates on test reagents
<input type="checkbox"/>	Review stocking, growth, and any equipment to upgrade
<input type="checkbox"/>	Calibrate / check thermometer and any meters

Notes

Adjust this schedule to your stocking level and water-test results.

Heavier stocking and warmer water mean more frequent water changes. Let your water-test results, not the calendar alone, set the pace.

Water Change Log

Log every water change, dose and gallon so your routine stays consistent

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Notes

Conditioner brand, substrate vacuuming, fish reaction, salinity (if saltwater).

Dose dechlorinator for your full tank volume, not just the water removed, unless the product label says otherwise. Never add untreated tap water to a stocked tank.

Equipment Checklist

Everything you need to set up the tank, in one printable list

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Aquarium Equipment Checklist

Tick off what you have, jot the brand and model, and you will know exactly what is left to buy before setup day.

Have It	Equipment	Brand / Model	Qty	Notes
<input type="checkbox"/>	Aquarium tank (right size for stock)
<input type="checkbox"/>	Stand rated for full water weight
<input type="checkbox"/>	Filter (HOB, canister, or sponge) sized 4-10x turnover
<input type="checkbox"/>	Filter media (mechanical, biological, chemical)
<input type="checkbox"/>	Heater (~3-5 watts per gallon)
<input type="checkbox"/>	Thermometer (digital or glass)
<input type="checkbox"/>	Aquarium light (full-spectrum; plant-spec if planted)
<input type="checkbox"/>	Substrate (gravel, sand, or aquasoil)
<input type="checkbox"/>	Water conditioner / dechlorinator
<input type="checkbox"/>	Liquid test kit (ammonia, nitrite, nitrate, pH)
<input type="checkbox"/>	Gravel vacuum / siphon
<input type="checkbox"/>	Bucket(s) for water changes (fish-only use)
<input type="checkbox"/>	Fish net(s)
<input type="checkbox"/>	Algae scraper / magnet cleaner
<input type="checkbox"/>	Air pump + airstone (if needed)
<input type="checkbox"/>	Hardscape (rocks, driftwood) and decor
<input type="checkbox"/>	Live or artificial plants
<input type="checkbox"/>	Lid / canopy / glass top
<input type="checkbox"/>	Quarantine tank + spare heater/filter
<input type="checkbox"/>	Beneficial bacteria starter
<input type="checkbox"/>	Fish food appropriate to species
<input type="checkbox"/>	Power strip / timer / surge protector

Notes

Wishlist upgrades, sizing notes, where you bought each item, warranty dates.

Size your filter for 4-10x tank turnover per hour and your heater around 3-5 watts per gallon. A quarantine tank is one of the most overlooked but valuable pieces of gear.

Fish Inventory

Track every fish and invertebrate, when it arrived and from where

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Notes

Sex, color morph, names, losses (date and suspected cause), breeding notes.

Keeping a source record helps you trace where a disease may have entered. Always quarantine new arrivals before they join the display tank.

Quarantine Log

Observe and clear every new fish before it joins your display tank

Tank Name / Location:

Tank Size (gal):

Water Type (FW / SW / Brackish):

Date Started:

Filter / Turnover (gph):

Heater (watts):

Notes

Medications used and dates, water changes during treatment, behavior day to day, losses.

This is general aquarist guidance, not veterinary advice. For a sick or declining fish, consult a local fish store or an aquatic veterinarian, and never mix medications without checking compatibility.

Feeding Schedule

A weekly feeding plan so your fish are fed right, every day

Tank Name / Location:	Tank Size (gal):
Water Type (FW / SW / Brackish):	Date Started:
Filter / Turnover (gph):	Heater (watts):

Weekly Feeding Schedule

Plan what, how much, and who feeds each day so your fish are fed consistently and never overfed, even when someone else is helping.

Feeding without overfeeding

- Feed only what your fish finish in 1-2 minutes, once or twice a day for most species.
- Variety helps: rotate quality flakes/pellets with frozen or live foods suited to your fish.
- Uneaten food rots into ammonia, the number one cause of cloudy, unhealthy water.
- A weekly fast day is fine and even healthy for many adult fish.
- Match food type and size to the species: surface, mid-water, and bottom feeders differ.

Day	Food Type	Amount	Who Feeds	Done
Monday	<input type="checkbox"/>
Tuesday	<input type="checkbox"/>
Wednesday	<input type="checkbox"/>
Thursday	<input type="checkbox"/>
Friday	<input type="checkbox"/>
Saturday	<input type="checkbox"/>
Sunday	<input type="checkbox"/>

Notes

Food brands and types on hand, fast days, treats and frozen foods, vacation feeding plan.

Overfeeding is the most common beginner mistake. When in doubt, feed less. Remove anything uneaten after a couple of minutes to protect your water quality.
